



KENTON

City Schools

Elementary School Menu

2013—2014

School Nutrition

Meal Prices
 Breakfast \$.25
 Reduced Breakfast \$.25
 Lunch \$2.30
 Reduced Lunch \$.40

Pay for Meals
Online coming Soon!

School Nutrition Staff
 Laura Widder, Supervisor
 419.675.7216
 Barb Moore- Assistant Supervisor

Parents & Guardians are encouraged to prepay for meals.
2 Ways to Pay

1. Pay by a check made out to Kenton City Schools Cafeteria with students name and ID # in the memo line.
2. Pay with cash in a envelope or ziplock baggie with students name and ID #.

Each day Kenton students enjoy a healthy lunch that meets guidelines set by the National School Lunch Program. We serve lunches that follow a meal pattern designed to reflect the Dietary Guidelines for Americans. Each meal has protein (meat), fruit and vegetable, grains (bread) and low fat milk.

If your family meets the eligibility requirements, your child may receive free or reduced-price meals. An adult household member needs to complete one application per household, which is available at your child's school or by calling the School Nutrition Office at 419.675.7216. Applications are taken anytime throughout the year.

***Breaded Chicken will be: Nuggets, Tenders or Popcorn Bites.**

Lunch Menu #1				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Domino's Pizza Fresh Tossed Salad Mixed Fruit Choice of Milk	Walking Taco w/ Tortilla Rounds Lettuce & Cheese Corn Mixed Fruit Choice of Milk	Baked Steak on Bun Mashed Potatoes Mixed Fruit Choice of Milk	Oven Baked Chicken Green Beans Mixed Fruit Wheat Roll Choice of Milk	Pancake on a Stick String Cheese Oven Potatoes 100% Juice Choice of Milk

Lunch Menu #2				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Tony's Cheese Pizza California Blend Mixed Fruit Choice of Milk	Grilled Chicken Bites Fresh Broccoli & Tomatoes & Dip Mixed Fruit Choice of Milk	Hamburger on Bun Pickle Slices Corn Rice Crispy Treat Mixed Fruit Choice of Milk	Oven Baked Chicken Potatoes Mixed Fruit Treat Choice of Milk	Mini Corn Dogs Green Beans Mixed Fruit Quaker Snack Mix Choice of Milk

Lunch Menu #3				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Domino's Pizza Fresh Tossed Salad Mixed Fruit Choice of Milk	Hot/Cold Turkey or Ham on a Bun Beans & Corn Pudding Mixed Fruit Choice of Milk	Cook's Choice Menu *Mixed Fruit is diced peaches, pears, pineapple, applesauce or fresh fruit	Oven Baked Chicken Veggie Sticks & Hummus Dip Mixed Fruit Goldfish Crackers Choice of Milk	Beef Nachos Shredded Cheese Corn Mixed Fruit Choice of Milk

Lunch Menu #4				
MONDAY	TUESDAY	WEDNESDAY	Thursday	FRIDAY
Tony's Cheese Pizza California Blend Mixed Fruit Choice of Milk	Ravioli in Meat Sauce Celery Sticks & Dip Mixed Fruit Crunchy Cheetos Choice of Milk	Hot Dog on a Bun Baked Beans Mixed Fruit Curious George Fruit Snack Choice of Milk	Oven Baked Chicken Potatoes Mixed Fruit Treat Choice of Milk	PBJ Wafer String Cheese Baby Carrots & Dip Mixed Fruit Choice of Milk

This institution is an equal opportunity provider and employer.

Weekly Breakfast Menu				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Banana Breakfast Bar Fruit or Juice Choice of Milk	Pop Tart Fruit or Juice Choice of Milk	Maple Granola Bar Fruit or Juice Choice of Milk	Cin Breakfast Bar Fruit or Juice Choice of Milk	Apple/Cin Mix ups Fruit or Juice Choice of Milk
Starting in November—Mondays & Wednesdays a HOT Breakfast of a Pancake on a Stick will be served in place of other entrée.				

Follow the calendar and color key to our four week lunch cycle.

Menu subject to change.

